

Methodist Health System

Employee Health Care Plan Update



January 2026

The Methodist Health System Employee Health Care Plan has been updated effective January 1, 2026 with the Plan changes outlined below.

PPO Plan Option

- **Tier 1 Coinsurance:** 90% coinsurance paid by Plan after deductible
- **Tier 2 Primary Care Office Visit:** \$35 copay/visit
- **Tier 2 Specialist Office Visit:** \$70 copay/visit
- **Tier 2 & Tier 3 Emergency Department:** \$350 copay/visit, then deductible and coinsurance
- **Prescription Drug Generic Minimum & Maximum:**
 - Retail -35%; \$15 min - \$115 max
 - Mail Order – 35%; \$30 min - \$230 max
 - Retail 90-day Supply – 35%; \$30 min - \$230 max

High Deductible Health Plan (HDHP) Option

- **Tier 1 Out-of-Pocket Maximum:** \$6,200 (employee only)