

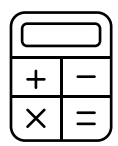

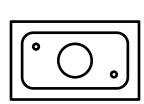
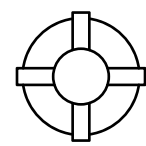


31 Days of Financial Wellness

Bringing you a financial wellness tip every day this month

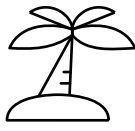
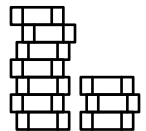
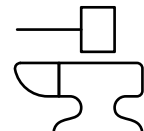
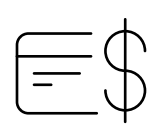


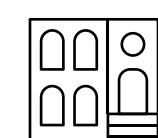


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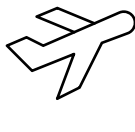
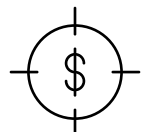
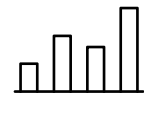



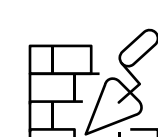
WEEK 1: Covering the basics

 1 Money basics	 2 Save + spend tips	 3 Follow your dollar	 4 Prep for the unexpected	 5 Sidestep money mistakes	 6 Save on groceries
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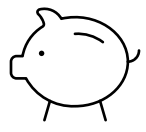
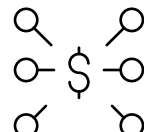

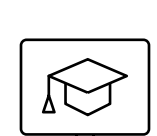
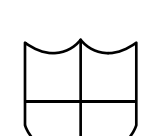

WEEK 2: Helpful ways to manage debt

 7 Budget in retirement	 8 Know what you owe	 9 Pay down debt	 10 Credit card tips	 11 Improve your score	 12 Student debt must-knows	 13 Rent vs. buy?
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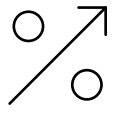

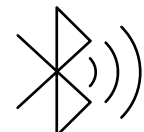
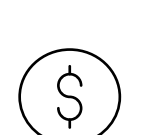
WEEK 3: Small steps that can lead to big progress

 14 Save for travel	 15 Taking control	 16 Balance priorities	 17 Start small	 18 Know the 3 A's	 19 Investing basics	 20 Build a strong foundation
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WEEK 4: Making the most of your money

 21 Grow your money	 22 Saving for the future you	 23 Benefits of consolidation	 24 Understand HSAs	 25 Discover 529s	 26 Social Security basics	 27 Market ups and downs
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WEEK 5: Keep making progress

 28 Cope with high prices	 29 Protect yourself	 30 Stay connected	 31 Take the checkup
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Investing involves risk, including risk of loss.

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