## American Foundation for Suicide Prevention 2024 Out of the Darkness Walk

## Walking Side by Side to Fight Suicide

All Methodist employees and their loved ones are invited to walk in the American Foundation for Suicide Prevention's Out of the Darkness Community Walk on Sept. 28.



This walk is a journey of remembrance, hope and support. It unites our community and provides an opportunity to acknowledge the many ways in which suicide and mental health conditions affect our lives.

## **Event Details**

Event Date: Saturday, Sept. 28 Registration Opens: 9 a.m. Walk Begins: 11:30 a.m. Location: Stinson Park in Aksarben Village (2285 S. 67th St.) Methodist Team: Meaning of Care - Hope Lives Here

To register for the walk and join the Methodist team, please scan the QR code. There is no cost to join the team and participate in this event.



