

Get ready to go for gold!



Coming Soon!

ACS Fit2Be Cancer Free Challenge



Methodist is proud to join the American Cancer Society in its virtual step-tracking fitness event to promote cancer prevention in the workplace. Get ready to go for gold in this year's fall games!

The Methodist Fit2Be Cancer Free Challenge is **Oct. 7-27**. All staff members are invited to participate in this friendly competition.

Prizes will be awarded weekly to the top stepper at each affiliate, and overall gold, silver and bronze grand prize winners will be named at the end of the challenge.

Check Employee Connections for contest details and more information on how to participate.

